

## VEGETARIAN STARTERS

ONION BHAJEE	£4.50
VEGETABLE SOMOSA <b>G</b>	£4.50
Spiced fresh vegetables in crispy pastry	
ALOO CHAI	£4.50
Potatoes and chick peas cooked with special chat sauce	

## PURE VEGETABLE SPECIAL

TAWA VEGETABLE SPECIAL	£9.95
Mixed vegetable cooked with onion, green pepper and chef's own selected spices.	
TAWA VEGETABLE JALFREZI <b>RR</b>	£9.95
Fairly hot curry, mixed vegetable cooked with onion, green pepper & chillies.	
TARKA DHALL	£9.95
Medium spiced favourite lovingly stir fried, lentils with garlic with onions	
VEGETABLE BALTI	£8.95
SAG ALOO	£8.95
Spinach and potatoes	
VEGETABLE MASSALA <b>NM</b>	£8.95
Vegetable cooked with sweet thick massala sauce	
VEGETABLE KORAI	£8.95
Vegetable cooked with onions, medium spices with green pepper & tomatoes	
KORMA <b>NM</b>	£8.95
Mild thick creamy sauce	
DANSAK <b>RR</b>	£8.95
Sweet, sour & hot lentil sauce	

## VEGETABLE BIRIYANIS

CHANA BIRIYANI chick peas	£10.95
VEGETABLE BIRIYANI	£10.95



## VEGETARIAN SIDE DISHES

GARLIC CHILLI POTATO <b>RR</b>	£4.50
Potato cooked with slices of fresh garlic and green chillies	
GARLIC MUSHROOM	£3.95
VEGETABLE BHAJEE	£3.95
BOMBAY ALOO (potato)	£3.95
CHANA BHAJEE (chick peas)	£3.95
SAG BHAJEE	£3.95
SAG ALOO	£4.50
SAG PONIR <b>M</b>	£4.50
TARKA DALL	£4.50
SPINACH CHANA BHAJEE	£4.50

## RICE DISHES

BASMATI RICE	
SPECIAL FRIED RICE <b>E</b>	£4.25
(Peas & eggs)	
PILAU RICE	£3.95
PLAIN RICE	£3.50
FRIED RICE	£3.95
MUSHROOM RICE	£4.25

## NAN BREAD & SUNDRIES

PLAIN NAN <b>GME</b>	£2.95
GARLIC NAN <b>GME</b>	£3.50
PESHWARI NAN <b>GME N</b>	£3.50
KEEMA NAN <b>GME</b>	£3.50
CHIPS	£3.00
PAPADOM	£0.60
MASSALA PAPADOM	£0.70
CHUTNEY & PICKLE <b>M M</b>	Each 0.50p



BANGLADESHI &  
INDIAN CUISINE

DISCOUNTED TAKEAWAY MENU

OPEN 7 DAYS A WEEK:  
(INCLUDING BANK HOLIDAYS)

April to September:  
5.30pm to 11.30pm

October to March:  
5.30pm to 11.00pm



HOME DELIVERY SERVICE AVAILABLE

TEL: 01736 799003

ORDER NOW USING OUR APP



7 Tregenna Hill, St Ives, Cornwall TR26 1SF

Home delivery, on orders over £15

TERMS & CONDITIONS

Areas we deliver to: £2 St.Ives, £3 Carbis Bay & £4 Lelant.

Last order for delivery is 9:30pm.

Please allow 1 hour - 1 hour 15 minutes for delivery,  
maybe longer during busy times.

Driver must have access to drive up to delivery address.

## TRADITIONAL STARTERS

- GARLIC KING PRAWN** **F** £7.95  
King prawn stir-fried with garlic sauce
- SHEEK KEBAB** £4.95  
Minced lamb flavour with spices and herbs specially barbecued on skewers
- CHICKEN CHAT** £4.95  
Small juicy pieces of chicken, chick peas spiced with a hot & sour sauce
- MIXED KEBAB** **G M** £5.95  
Sheek kebab, shami kebab & onion bhajee served with salad and mint sauce
- TANDOORI CHICKEN** **M** £4.95  
Piece of chicken marinated in yogurt & spices and barbecued on clay oven
- TANDOORI KING PRAWN** **M F** £7.95  
Mildly spiced succulent pieces of king prawn
- PRAWN PURI** **G F** £5.95  
Bhuna prawn served on homemade bread
- CHICKEN TIKKA** **M** £4.95  
Very tender diced chicken marinated with mild spices & barbecued on tandoori
- LAMB TIKKA** **M** £5.95  
Very tender diced lamb marinated with mild spices & barbecued on tandoori
- MEAT SOMOSA** **G** £4.95



## TANDOORI DISHES

These dishes require a little more time as they are prepared in an Indian clay oven. These exotic dishes are prepared by our experts who really take pride in their work. "Tandoori Dishes" are marinated in our special manner in the traditional way to preserve the name Tenderised Chicken or lamb is cooked in special Tandoor clay and beautifully coated with spice and served with salad.

- TANDOORI CHICKEN** **M** £9.95  
Chicken specially marinated in yogurt & spices
- CHICKEN TIKKA** **M** £8.95  
Diced chicken marinated with mild spices
- LAMB TIKKA** **M** £9.95  
Very tender diced lamb marinated with mild spices
- TANDOORI MIXED GRILL** **M G** £12.95  
Pieces of chicken tikka, lamb tikka, tandoori chicken, sheek kebab, Nan served with salad and mint sauce
- SHASHLIK (CHICKEN OR LAMB)** **M** £11.95  
Cooked with tomatoes, capsicum and onions
- TANDOORI KING PRAWN** **M F** £15.95  
Mildly spiced succulent pieces of king prawn

## CHEF'S SPECIAL

- CHICKEN CHILLI MASSALA** **M** £10.95  
Chicken tikka cooked with green pepper, tomatoes, fresh green chilli and chef own selected spices
- MURGH JALFREZI** **M** £10.95  
Diced chicken, chopped green peppers in a special onion sauce & green chilli
- KORAI LAMB** **M** £11.95  
Lamb tikka cooked with medium spices, green and red pepper, onions & tomatoes
- KORAI CHICKEN** **M** £10.95  
Chicken tikka cooked with medium spices, green and red pepper, onion & tomatoes
- KORAI TANDOORI KING PRAWNS** **M F** £16.95  
Tandoori king prawn cooked with medium spices, green and red pepper, onions & tomatoes
- GARLIC CHICKEN** **M** £10.95  
Medium curry cooked with fresh garlic
- KING PRAWN GARLIC** **F** £16.95  
Medium curry cooked with fresh garlic
- SATKORA (CHICKEN OR LAMB)** **M** £12.95  
Bangladeshi sour fruit cooked with medium spices and fresh herbs. A favourite Bangladeshi dish
- HARIALI** **M** £12.95  
Lean chicken breast, marinated and barbecued in the tandoori and cooked again with chopped garlic, ginger, green chilli, coriander, pinch of sugar, cream and spinach. The dish is of a distinctive colour hence the name hariali (green)
- LAMB KALIA** £12.95  
Chopped onions and green peppers, cooked with very tender lamb, fairly hot (sugar & chilli)



## ALLERGY INFORMATION

- G** Cereals Contains Gluten **V** = Vegetarian
- E** Eggs **M** Milk **M** = Medium
- F** Fish **N** Mustard **H** = HOT
- P** Peanuts **N** Nuts **M** = Madras HOT

VEGAN OPTIONS AVAILABLE

## TANDOORI SPECIALITIES **N**

(prepared with coconut and almonds)

- CHICKEN TIKKA MASSALA** **M** £10.95  
A mild curry dish, chicken cooked twice, one in the Tandoor and then in the frying pan in rich tandoori sauce
- LAMB TIKKA MASSALA** **M** £11.95  
A mild curry dish, lamb cooked twice one in the Tandoor and the in the frying pan in rich tandoori sauce
- TANDOORI KING PRAWN MASSALA** **M F** £16.95  
A mild curry dish, king prawn cooked twice once in Tandoor and then in the frying pan in rich tandoori sauce
- MAKHANI** **M** £11.95  
Chicken tikka or lamb tikka prepared in a sweat and sour butter sauce tastefully delicious mild dish

## TAWA CHEF'S SPECIAL

Tawa cooked with onion, green pepper, strongly spiced and chef's own selected spices

- TAWA CHICKEN TIKKA** £10.95  
**GARLIC CHILLI** **M**
- TAWA CHICKEN TIKKA SAGWALA** **M** £11.95  
(Spinach)
- TAWA LAMB JALFREZI** **M** £10.95  
**TAWA LAMB SAGWALA** **M** £10.95  
(Spinach)
- TAWA PRAWN** **F** £11.95  
**TAWA KING PRAWN SAGWALA** **F** £16.95  
(Spinach)
- TAWA KING PRAWN JALFREZI** **F** £16.95  
**TAWA CHEF'S SPECIAL** **M** £15.95  
Cooked with Lamb Tikka, Chicken Tikka and small pieces of tandoori chicken

## DUCK SPECIALITIES

A range of sensational curries using the finest lean duck

- BATAK TIKKA** **M** £11.95  
Succulent pieces of breast of duckling marinated then cooked in the Tandoor and served with salad and our own special sauce
- BATAK KORAI** **M** £12.95  
Tender pieces of boneless duck cooked in with fresh ginger, garlic, tomatoes Onion, capsicum
- BATAK TIKKA MASSALA** **M** £12.95  
Diced lean duck marinated overnight, barbecued in the Tandoor then finished in a enriched massala sauce for a dazzling flavour
- BATAK NAGA** **M** £12.95  
Diced lean duck marinated overnight barbecued in the Tandoor then cooked in a special chilli sauce with chef's own selected spices – very Hot – Spicy Sauce

## TRADITIONAL INDIAN CUISINE

(Choice of Chicken Tikka or Lamb Tikka £1 extra)

- CURRY** Medium traditional sauce £8.95
- MADRAS** Fairly hot in thick spicy sauce **H** £9.95
- VINDALOO** Very hot spicy sauce **H** £9.95
- BANGALORE** Very, very hot spicy sauce **H** £9.95
- KORMA** Mild thick, sweet and creamy sauce **N M** £9.95
- DUPIAZA** £9.95  
With garlic chopped onion, green pepper & tomatoes
- BHUNA** Thick and spicy sauce with onion £9.95
- ROGAN JOSH** £9.95  
Medium hot curry cooked in tomatoes & green pepper
- DANSAK** Sweet sour and hot lentil sauce **H** £9.95
- PATHIA** Sweet sour and hot in taste **H** £9.95
- KING PRAWN** **F** £15.95  
Choice of Madras, Vindaloo, Bangalore, Korma, Dupiaza, Bhuna Rogan Josh, Dansak, Pathia
- PRAWN** **F** £11.95  
Choice of Madras, Vindaloo, Bangalore, Korma, Dupiaza, Bhuna, Rogan Josh, Dansak, Pathia

## ORIGINAL BALTI

Balti dishes are cooked from a Kashmiri pan known as a Balti, with freshly blended spices, fresh tomatoes, green pepper, onion and flavoured with herbs, the strength of these dishes can be prepared to suit your taste. Rice not included.

- CHICKEN OR LAMB BALTI** £9.95
- PRAWN BALTI** **F** £10.95
- KING PRAWN BALTI** **F** £16.95
- CHICKEN TIKKA OR LAMB TIKKA BALTI** £10.95
- LAMB OR CHICKEN & SPINACH BALTI** £10.95
- LAMB OR CHICKEN & MUSHROOM BALTI** £10.95
- PRAWN & SPINACH BALTI** **F** £11.95
- CHICKEN OR LAMB CHILLI BALTI** **H** £11.95  
With fresh green chillies

## BIRYANIS

Prepared with basmati rice blended with different spices and served with medium vegetable curry sauce

- CHICKEN OR LAMB BIRYANI** £10.95
- CHICKEN TIKKA BIRYANI** **M** £11.95
- LAMB TIKKA BIRYANI** **M** £12.95
- PRAWN BIRYANI** **F** £12.95
- KING PRAWN BIRYANI** **F** £17.95
- SPECIAL BIRYANI** **F** £13.95  
Exotic mix of chicken, lamb & prawn our chef's own selected spice & raisins

